

On November 3<sup>rd</sup>, 2017, Daniel Buffington and Jackie Cherney will be giving a brief 2 hour talk about the philosophy, ethics, and development of Locked Stress Release™ with time for questions and answers. The evening will conclude with a demonstration on one or two people in attendance. Everyone is welcome and this introductory sharing is free of charge.

# Locked Stress Release™

## And the Matrix of Life

A Locked Stress Release™ hands on session involves highly effective methods to help restore accurate bio-communication within the body's energetic, self-healing, survival priority system.

Locked Stress Release™ has its roots in a practical application of historic Maya Native American procedures and concepts. It does not involve shamanism. It is also based on modern scientific discoveries in biophysics. We share the traditional Maya creation pattern conceptualization of the body's organization, value system, and worldview that our mental, physical, and spiritual aspects of life form a seamless, interdependent, and inseparable oneness with all creation. LSR™ promotes spiritual liberation and positive life changes on all levels.

When "*locked stress reactions*™" become reintegrated, energy is liberated to serve real time needs. Accurate cell-to-cell communication is restored and energy is made available for the continued manifestation of life and adaptability needed for the restoration and maintenance of well-being on all levels. The focus of LSR™ is on assistance in the rediscovery of an unlimited source of energy within oneself. The procedures we use facilitate the body's organizational capabilities to utilize that freed energy to make the needed changes within ourselves and our relationship to the natural world. One is then better able to function with increased ease, efficiency, comfort, and ability to cope with life's stresses. This can help us to become better human beings. Our mission is to train effective, ethical LSR™ practitioners, to allow for quality direct instruction and to help insure high levels of practical proficiency.

### THE INSTRUCTORS

**Daniel Buffington Canada** adapted and developed the procedures to be taught; he is a retired Professor of Biomechanics. He is of Native American Heritage and Research Grant Recipient. That study involved an in-depth investigation of the healing methods of the J'meen, traditional Maya village healers of the Mopan Maya Tribe of Central America.

**Jackie Cherney** is a skilled practitioner and Certified instructor of Locked Stress Release methods. She holds a Bachelor of Science degree in Biology. Jackie is a highly effective teacher. Her experience includes teaching Iyengar Yoga, in both classroom and televised program series. She began her study of Locked Stress Release Methods™ following her personally experiencing profound rapid self healing after years of chronic often critical poor health.

### DEMONSTRATION:

*November 3<sup>rd</sup>, 2017, 7-9pm*

*Location: 16300 Delaware Ave., Lakewood, OH*

**Section 1 workshop:** Contacting The Pulse of Life December 1st-3rd

**Section 2 workshop:** Unlocking Locked Stress Reactions™ to be announced

*Cost: \$500 for each section. Books and supplies all included.*

**For Private Sessions or Practitioner Classes Contact:**  
Jackie Cherney 440-282-4210 or lockedstressrelease@yahoo.com